

COMPREHENSIVE SMOKING TREATMENT PROGRAM

ACHIEVING A SMOKE-FREE ENVIRONMENT

Community Behavioral Health (CBH) and Penn's Comprehensive Smoking Treatment Program have partnered to support recovery provider organizations in their efforts to minimize barriers to achieving a smoke-free environment.

Effective January 1, 2018, all CBH contracted residential drug and alcohol treatment facilities are expected to implement tobacco-free policies. This overarching goal is to improve the emotional, behavioral, physical and environmental health of people in recovery by placing effective tobacco dependence treatment tools in the hands of the Department of Behavioral Health and Intellectual Disability Services (DBHIDS) network.

WHY FOCUS ON SMOKING?

The leading causes of preventable deaths and disability among Philadelphians are related to smoking. People suffering from psychiatric illnesses or addiction disorders often want to quit smoking, and can do so safely, without worsening their mental health or undermining their recovery. The "on-the-ground" realities that many behavioral health facilities face daily can sometimes create environments that unintentionally accommodate and encourage smoking among their clients. Paradoxically, the majority of people who seek help with addiction must rely on their recovery providers for advice and treatment when attempting to control their addiction to nicotine.

How Penn Medicine can help:

Penn's Comprehensive Smoking Treatment team will be visiting treatment locations throughout the area to help providers with:

- Treatment decision support, including guidelines for safe and effective use of FDA-approved pharmacotherapies, effective counseling strategies for the behavioral health setting and making referrals to available cessation resources.
- Access to scientific articles addressing tobacco treatment topics most relevant to your organization's needs.
- Addressing commonly held biases and frequently asked questions that can present a barrier to offering tobacco treatment.
- Implementing policies that may affect staff as well as clients.
- Evaluating workflow and care systems to identify seamless ways of integrating tobacco dependence into existing objectives.

LOCATIONS



Harron Lung Center

Penn Medicine at University City
3737 Market Street
10th Floor
Philadelphia, PA 19104



Perelman Center for Advanced Medicine
3400 Civic Center Boulevard
West Pavilion, First Floor
Philadelphia, PA 19104

For more information, please contact:

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Questions? Call 888.PENN.STOP (888.736.6786).